



**CENTRE FOR DISTANCE AND  
ONLINE EDUCATION  
ALIGARH MUSLIM UNIVERSITY, ALIGARH**



**ASSIGNMENT COVER PAGE**

**Session: 2021-2022**

**Name of Student: -** \_\_\_\_\_

**Father's Name and Address: -** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Aadhar No: -** \_\_\_\_\_

**Recent Mobile No:** \_\_\_\_\_

**Email-ID: -** \_\_\_\_\_

**Name of Course: DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**

**Admission No: -** \_\_\_\_\_ **Enrolment No:-** \_\_\_\_\_

**Paper Title & Code: -** \_\_\_\_\_

**NECESSARY INSTRUCTIONS**

1. Cover Page must be filled in Capital Letters. All Fields of the Form is compulsory to be filled.
2. Student will provide his/her own working Mobile Number and Email Id for registration and thesame will be used in his/her complete academic sessions.
3. The assignment should be written on A4 size paper and in neat and clean hand writing.
4. The cover page should be stapled at the front of each and every assignment.
5. Assignment has to be submitted at Johnson Compound (Near Exhibition Ground), AMU, Aligarh or Send the Soft Copy of Assignment on [cdeonlineassignments@gmail.com](mailto:cdeonlineassignments@gmail.com)
6. Incomplete Assignments will not be accepted.
7. The last date for submission of assignment **18 April 2022.**

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Principles and Procedures of Guidance (GC-01)**

**Total Marks: 70**

---

**a)** Attempt all questions.

**b)** All questions carry equal marks.

---

1. Write a note on historical background of Guidance.
2. What are the techniques of group guidance. Explain with examples.
3. Discuss the difference between guidance and counselling.
4. Write an essay on guidance as a profession.
5. Explain in brief about orientation service and its objectives.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Approaches and Techniques of Counselling (GC-02)**

**Total Marks: 70**

---

**a)** Attempt all questions.

**b)** All questions carry equal marks.

---

1. What is the difference between counselling and psychotherapy?
2. Describe qualities of an good counsellor.
3. Discuss Adlerian therapy and its effectiveness in the treatment.
4. Write explanatory notes on the following:
  - a) Gestalt therapy
  - b) Peer Counselling
5. Explain Addiction counselling.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Dynamics of Adjustment and Personality (GC-03)**

**Total Marks: 70**

- 
- a) Attempt all questions.  
b) All questions carry equal marks.
- 

1. Explain Adler's Theory of Social interest.
2. Critically evaluate Erikson's theory of psychosocial development.
3. Discuss anxiety in reference to covid-19.
4. Write an essay on Adjustment and environmental perception.
5. Explain Freud's psychoanalytic approach.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Assessment in Guidance & Counseling (GC-04)**

**Total Marks: 70**

- 
- a) Attempt all questions.  
b) All questions carry equal marks.
- 

1. Discuss the difference between psychological test and measurement.
2. Define Reliability and discuss factors influencing reliability.
3. Discuss types of Assessment Techniques.
4. Describe tests of Mental ability.
5. Discuss application of testing in educational setup.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Guidance Practicum (GC-05)**

**Total Marks: 70**

---

- a)** Attempt all questions.  
**b)** All questions carry equal marks.
- 

1. Measurement of Clerical Aptitude of Students with the help of Differential Aptitude Test.
2. Measurement of Vocational Interest of Senior Secondary School Students.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Counselling Practicum (GC-06)**

**Total Marks: 70**

---

- a)** Attempt all questions.  
**b)** All questions carry equal marks.
- 

1. Identifying Counselling needs among Adolescents.
2. Identifying Desirable Personality Traits of Adolescents through Counselling Readiness Scale.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Testing Practicum (GC-07)**

**Total Marks: 70**

- 
- a)** Attempt all questions.  
**b)** All questions carry equal marks.
- 

1. Assessment of Spiritual Personality of Undergraduate students.
2. Measurement of Achievement Motivation among Undergraduate students.

\*\*\*\*\*

**CENTRE FOR DISTANCE AND ONLINE EDUCATION**  
**Aligarh Muslim University, Aligarh**  
**Session: 2021-2022**  
**DIPLOMA IN GUIDANCE & COUNSELLING (DGC)**  
**Grand Viva-Voce (GC-08)**

**Total Marks: 100**

- 
- a)** Attempt all questions.  
**b)** All questions carry equal marks.
- 

1. Write an essay on addiction counselling for mobile/internet users.
2. Write the steps of case study involved in the process of counselling.

**Note: General Viva-Voce will be based on these assignment questions.**

\*\*\*\*\*