

CENTRE FOR DISTANCE EDUCATION

**Aligarh Muslim University, Aligarh
Session 2016-2017**

**PGD Guidance and Counseling (G&C)
Principles and Procedure of Guidance
(GC-01)**

ASSIGNMENT

Maximum Marks: 25

- a) Attempt all questions
 - b) All questions carry equal marks
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1. Define guidance and discuss the present status of guidance.
2. Discuss classification of guidance
3. Discuss activities related to group guidance.
4. Discuss role of guidance at school level.
5. Discuss use of career information in guidance and sources of occupational information

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**PGD Guidance and Counseling (G&C)
Approaches and Techniques of Counseling
(GC-02)**

ASSIGNMENT

Maximum Marks: 25

- a) Attempt all questions
 - b) All questions carry equal marks
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1. Discuss the counsellor's values and counselling process.
2. Discuss qualities of effective counsellor.
3. Discuss Rational Emotive Behaviour Therapy and its effectiveness.
4. Define peer counselling and discuss the process and techniques of peer counselling.
5. Write an essay on addiction counselling.

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PGD Guidance and Counseling (G&C)

Dynamics of Adjustment and Personality

(GC-03)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions

b) All questions carry equal marks

- 1. Define adjustment and discuss the characteristics of adjustment.**
- 2. Critically evaluate Bandura's social cognitive theory.**
- 3. Define types of adjustive reactions.**
- 4. Discuss the concept and meaning of environmental adjustment.**
- 5. Discuss brief history of personality psychology.**

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PGD Guidance and Counseling (G&C)

Assessment in Guidance & Counseling

(GC-04)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions

b) All questions carry equal marks

- 1. Define psychological test and discuss classification of psychological tests.**
- 2. Discuss types of norms.**
- 3. Discuss types of interview.**
- 4. Discuss tests of mental ability.**
- 5. Discuss the application of testing in educational setup.**
