

Syllabus

Course Title: Basic Psychological Processes

B A Ist year

Maximum Marks: 100

Examination: 75

Assignments: 25

Objectives:

- To provide sufficient knowledge and information about the nature and history of psychology, different fields of psychology, approaches in psychology and methods of psychology.
- To provide understanding in biological basis of behaviour.
- To explain psychological processes of attention, perception, and forgetting.

Unit 1: Introduction

- 1.1 Meaning and Definition of Psychology; Brief Historical Background: Greek Period; Medieval Period, Pre-modern and Modern Period
- 1.2 Fields of Psychology: Abnormal Psychology, Clinical Psychology, experimental Psychology, Social Psychology, Educational Psychology, Counseling Psychology, Industrial Psychology, Physiological Psychology.
- 1.3 Methods of Psychology: Experimental, Observation, Survey, and Case Study.

Unit 2: Approaches in Psychological Studies

- 2.1 Biological Approach: Basic Concept, Assumptions, and Theories Leading to the Development of Biological Perspective
- 2.2 Psychodynamic & Behaviourist Approach: Basic Concept, Assumptions, and Major Contributors.
- 2.3 Humanistic & Cognitive Approach: Basic Concept, Assumptions, and Major Contributors.

Unit 3: Biological Basis of Behaviour

- 3.1 Biological Basis of Behaviour, Genes and Behaviour, Neurons: Structure and Neural Conduction Mechanism

- 3.2. Central Nervous System: Functions and Structure of Brain and Spinal Cord
- 3.3 Peripheral Nervous System: Functions and Structure of Somatic and Autonomic Nervous System

Unit 4: Psychological Processes: Part A (Learning, Memory, Forgetting)

- 4.1 Learning: Meaning, Definition, Types and Theories of Learning
- 4.2 Memory: Basic Concept, Types of Memory, Methods of Measuring Memory.
- 4.3.1 4.3 Forgetting: Basic Concept, Theories of Forgetting

Unit 4: Psychological Processes: Part B (Learning, Memory, Forgetting)

- 5.1 Sensation: Sensory receptors, Types of Sensation, Measuring the Sensation, Signal Detection Theory, Sensory Adaptation, Light and Dark Adaptation
- 5.2 Perception: Factors affecting the Perception, Extrasensory Perception, Principles of Perceptual Organization, Perceptual Constancy, Depth Perception, Perception of Movement, Errors in Perception:
- 5.3. Attention: Types of Attention, Factors Affecting Attention, Attention span

Suggested Readings

- Morgan CT and King R : Introduction to Psychology. Tata McGraw Hill
Publishing Co. Ltd. New Delhi
- Guilford J P : General Psychology. D. Van Nostrand: Princeton
- Munn N. L. : Introduction to Psychology. New Delhi. Oxford and
IBH Publishing Co.
- Khatoon N : General Psychology. Pearson Education
- Mohsin S M : Elementary Psychology. Delhi: Motila Banarsi Das
- Hilgard & Atkinson : Introduction to Psychology. New Delhi: Oxford &
IBH Publishing Co.
- Postman L & Eagan J P : Experimental Psychology: An Introduction. New
Delhi, Kalyani Publishers

Syllabus

Course Title: Social Psychology (psy 102)

B A Ist year

Maximum Marks: 100

Examination: 75

Assignments: 25

Objectives:

- To provide sufficient knowledge and information about the nature and history of social psychology.
- To provide understanding of behaviour in social settings.
- To explain dynamics of social relations.

Unit 1: Introduction

- 1.1 Basic Concept of Social Psychology, Nature and Scope of Social Psychology, Historical Background.
- 1.2. Key Contributors to Social Psychology, Relation of Social Psychology with Sociology and Anthropology,
- 1.3. Application of Social Psychology to the Issues Related to Environment, Health and Gender.

Unit 2: Attitudes

- 2.1 Meaning and Definition of Attitudes, Nature of Attitudes, Attitude Strength, Attitude Formation.
- 2.2 Attitude Change, Theories of Attitude change: Learning Theories, Elaboration likelihood Theory, Dual Process Model of Persuasion, and Dissonance Theory of Attitude Change.**
- 2.3 Determinants of Attitude: Motivational, Perceptual, Social, and Verbal Determinants. Functions of Attitudes: Adjustment, Ego Defensive, Value Expression and Knowledge functions.

Unit 3: Social Cognition

- 3.1 Social Cognition: Basic Concept, Social Cognitive Theory, Culture and Social Cognition,
- 3.2 Perceiving Self, Self Concept, Self Esteem

3.3 Perceiving Others, Impression Formation, Role of Verbal and Nonverbal Cues in Impression Formation, Attributions, Halo Effect, Prejudice, Stereotypes.

Unit 4: Group Processes

4.1 About the Group, Theories of Group Formation, Group Cohesiveness, Group Roles, Functions of the Groups.

4.2 Social Facilitation, Social Loafing.

4.3. Group Conformity

Unit 5: Leadership

5.1 Meaning and Definitions of Leadership, Leadership Styles, Qualities of Good Leaders, Great Man and Trait Theory of Leadership, Behavioral Theories of Leadership: Ohio State University and Michigan University Studies.

5.2 Managerial Grid Theory of Leadership, Situational Theory of Leadership, Contingency Model of Leadership.

5.3 Transactional Leadership, Transformational Leadership.

Books Recommended

Ajit K Dalal : Cultural Psychology of Health in India- Well-Being, Medicine, and Traditional Health Care. JBA, New Delhi. JBA Book Code: 170224

Arun Kumar Sing : Social Psychology. PHI Learning Pvt. Ltd., (2015)

Akbar Husain : Social Psychology. Pearson Education (2011)

Baran, R A Donn B : Social Psychology. PHI, New Delhi(2008)

Kappuswami : Introduction to Social Psychology. Bombay: Media Promoters.

Mayers D G : Exploring Social Psychology. New York: McGraw Hill (1994)

Elliot Aronson : Social Psychology. Pearson Education (2017)

Edward E. Smith : Cognitive Psychology: Mind and Brain. Pearson Education (2015)

Schneider, F W : Applied Social Psychology: Understanding and Addressing Social and Practical Problems (2nd ed. 2011). London: Sage Publications.
Gruman, J., and
Coutts, L. M.

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