

CENTRE FOR DISTANCE EDUCATION

Aligarh Muslim University, Aligarh

Session 2018-2019

Post Graduate Diploma in Guidance and Counseling (PGD in G&C)

Principles and Procedures of Guidance

(GC-01)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions.

1. Briefly outline the history of Guidance.
2. Discuss classification of Guidance.
3. Discuss activities related to Group Guidance.
4. Write an essay on Guidance as a profession.
5. Explain uses of Career Information Service in Guidance.

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Approaches and Techniques of Counseling

(GC-02)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions.

1. Discuss factors affecting the Counseling Process.
2. Discuss Ethical issues in a Multicultural Perspective.
3. Critically evaluate Client Centered Therapy and its effectiveness
4. Discuss process and techniques of Peer Counseling.
5. Explain Career Counseling at School level.

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Dynamics of Adjustment and Personality

(GC-03)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions.

1. Discuss Freud's theory of personality.
2. Critically evaluate Bandura's Social Cognitive theory.
3. Write an essay on character and society.
4. Discuss the relationship between environmental stress and behavior.
5. Write brief history of Personality Psychology.

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Assessment in Guidance and Counseling

(GC-04)

ASSIGNMENT

Maximum Marks: 25

a) Attempt all questions.

1. Define Psychological Test and discuss the uses of Psychological Test.
2. Discuss meaning, uses and types of Norms.
3. Discuss types of Interview.
4. Describe in brief tests used for special population.
5. Discuss application of testing in Counseling Setup.
